

In order to enrich the handwriting skills in our students, we will be running a training camp. Students will be motivated and trained on these skills during the camp. There will also be a competition at the end of the camp. Here we are providing tips and model material for students.

TIPS FOR A BETTER PENMANSHIP

Handwriting is an important development skill and your handwriting says a lot about you.

- * Get a great grasp
- * Tripod grip (Pinch the pencil with your thumb and index finger and support it with your middle finger)
- * Your grip should be light yet supportive
- * Lower the pressure
- * Slow down. Take frequent breaks
- * Use proper tools for writing
- * Quick movement of fingers
- * Let the lines be your guide
- * Use lined paper to keep you writing aligned
- * Retrain your wrist and arm
- * Check your posture
- * Practice whenever you can.

Sample Handwriting Material

Confidence is a state of being certain either that a prediction is correct or that a chosen course of action is the best or most effective. Confidence comes from a Latin word 'fidere' which means 'to trust', therefore, having a self-confidence is having trust in one self. The concept of self-confidence is commonly used as self-assurance in one's personal judgement,

ability, power, etc. One's self confidence

increases from experiences of having

satisfactorily completed particular activities.

Self confidence is not the same as self

esteem which is an evaluation of one's

own worth, whereas self confidence is

more specifically trust in one's ability

to achieve some goal. Self confidence is

one's strength. Self confidence leads to success.